



Specialty PRODUCE REPORT

EARLY JULY 2013

Featured Items



Lemongrass – Lemongrass is a hard, woody root with subtle citrus flavor. Most often used to flavor curry pastes, marinades, and broth-based soups, its complex flavor is a favorite of Asian cuisines, especially recipes from Thailand and Vietnam. Try brewing it for tea, freezing for exotic popsicles, and infusing into custards and panna cotta for sophisticated desserts. Lemongrass is available year-round in 1- and 5-pound boxes.



Lychees – Lychees are covered with thin, greenish to reddish brown leathery shells. Peel them to reveal gelatinous, translucent flesh that surrounds a large pit or seed. Lychees' flavor is akin to very sweet, flowery grapes, making them ideal for fruit salads and tropical beverages. Lychees are traditionally served on ice for many Asian holidays. Supplies are typically available through September in 10- and 13-pound packs.



Meyer Lemons – Meyer lemons are thought to be hybrids of lemons and oranges. Naturally sweeter than other varieties like the Lisbon and Eureka, Meyers have slightly darker pulp, softer skins, and fewer seeds. Popular in desserts like puddings and tarts, Meyer lemons also work in recipes for baked poultry, sauces, and vinaigrettes. The rinds are edible—try tossing them into fruity beverages. Meyer lemons are in season most of the year and packed in 10-, 20-, and 40-pound boxes.

Updates

In Season* – Green gooseberries (12-ct. half-pints), Saturn peaches (1-layer pack), Chinese long beans (10- and 30-lb. boxes), fingerling potatoes (10-, 20-, and 50-lb. packs), okra (15-lb. box), jack fruit (2-ct. pack), Canary and Casaba melons (6- and 8-ct. boxes), rambutan (5-lb. pack), watermelon radishes (25-lb. box), Shishito peppers (5-lb. pack), Castelfranco radicchio (12-ct. box), field rhubarb (20-lb. pack), Rainier cherries (15-lb. box), Champagne mangoes, (8- to 20-ct. packs), yellow seedless watermelons (6-ct. box), gold raspberries (12-ct. half-pints), green and red cactus pears (10-lb. packs), tomatillos (10- and 40-lb. boxes), and banana squash (40-lb. pack).

Limited Supplies – Romanesco (12- and 24-ct. boxes), celery root (11-lb. pack), heirloom tomatoes (10-lb. box), white asparagus (11-lb. pack), baby corn (100-ct. box), passion fruit (1-layer pack), Hawaiian papayas (35-lb. box), Thai coconuts (9-ct. pack), Kennebec potatoes (50-lb. box), lo bok (10-lb. pack), parsley root (12-ct. box), and water chestnuts (5- and 10-lb. packs).

Coming Soon – Red currant berries (12-ct. half-pints), gold kiwifruit (1-layer box), Champagne grapes (18-lb. pack), and red/gold tamarillos (1-layer box).

Season Ended – Blood oranges (10-lb. pack), Vidalia onions (40-lb. box), and garlic whistles (1-lb. pack).

* Please check with your sales representative for lead times.



Give grilled shrimp a summery accent with exotic, tropical fruits.

CALENDAR

July

- 1: Canada Day (Canada)
- 4: Independence Day (USA)
- 9: First Day of Ramadan

August

- 5: Civic Holiday (Canada)
- 8: First Day of Eid al-Fitr

Information courtesy of MCL Fresh, Inc., Markon's exclusive partner for specialty produce.

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